

Save Our Swinging Bridge
Annual 5K Run-Walk
4/16/2023

8:30 a.m.

Event Day registration AND Pre-registration
Packet Pick-up in front of the Priority
Building, 2 Main Street, Topsham.

9:30 a.m.

Event Day Registration Ends

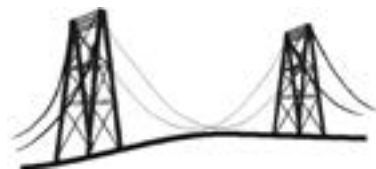
10:00 a.m.

Save Our Swinging Bridge 5K begin.

NO AWARDS CEREMONY

Owing to Covid19 protocols we will not have an awards ceremony this year. Top three finisher male and female award baskets will be handed out immediately. On the other hand, 1st, 2nd, and 3rd place finisher (age category) certificates will be mailed.

Race results will be electronically posted on our website and webscorer.com within 48 hours following the race.



Save Our Swinging Bridge.Org

Proceeds of the Save Our Swinging Bridge 5K continue to benefit the maintenance fund of Save Our Swinging Bridge.Org, a 501(c)3 non-profit formed to ensure the maintenance and beautification of our historic bridge. Originally designed and built by the Roebling Co., (legendary designers and constructors of wire rope suspension bridges) in 1892 and rehabilitated in 2006. One of the few remaining and active pedestrian suspension bridges, spanning the Androscoggin River, this bridge played a vital role in the economic and cultural development of the towns of Brunswick and Topsham.

Board of Directors

Bill Brilliant, Chair

Don Gower, Secretary

Dottie Riendeau, At Large

Nancy E. Randolph: Treasurer & Race Director

THREE WAYS TO REGISTER

1. **Register online.** Go to https://www.saveourbridge.org/annual_5k.html and click on the "Register" button or visit www.webscorer.com and search for Save Our Swinging Bridge 5K, and follow instructions to register online. Online registration is subject to a fee and will end Friday, April 14 at midnight.

2. **Early Registration** Register online or with this registration form (or download printed form). Fill out the form and either mail to Save Our Swinging Bridge or stop by the Recreation Office of either Town of Topsham or Brunswick with payment (cash or check) and a completed registration form. Early discounted registration fee: Adult \$20, Youth 17 and under \$15 by Friday March 31 at midnight.

3. **Regular & Race Day registration** - Register on the day of the race from 8:30a.m. until 9:30a.m. Cost: Adult \$25, Youth 17 and under \$20.

Please note that t-shirts or sizing cannot be guaranteed for Event Day registrants. The first 100 registrants will receive a race day t-shirt. Register early to ensure that you receive a t-shirt in your size!

Registrations postmarked or received after Friday, April 14, will be charged the race day fee of \$25.



**Save Our Swinging Bridge
Annual 5K Run-Walk**

Sunday

April 16, 2023

10:00am

Topsham & Brunswick

Proceeds benefit the Swinging Bridge
www.saveourbridge.org

Save Our Swinging Bridge.Org
PO Box 353
Topsham, ME 04086
207-837-6188 (msg only)
donate@saveourbridge.org



Certified &
Sanctioned

Find us on



REGISTRATION FORM 18th Annual Save Our Swinging Bridge 5K Family Walk April 16, 2023 at 10:00 AM Note: Please write clearly so that race officials can produce properly spelled race results.				Race # Issued	
First Name		Last Name		5K Run 5K Walk (circle one)	
Address					
City		St	Zip		
Sex	Age	DOB / /		T-shirt Size: S M L XL XXL (circle one)	
Tel (w/ Area Code)			E-Mail		



Discounted Early Registration Entry Fees: \$20 for adults (18 & over) & \$15 for 17 & under through March 31. **Regular Registration fees:** \$25 & \$20 (respectively) April 1- April 16. (Teams of 10 or more: \$15 per team member. FMI: email or call about teams. Please make checks out and mail to: Save Our Swinging Bridge.Org, PO BOX 353, Topsham, ME 04086. **Registration fees are non-refundable.**

Important Information

Pre-event packet pick-up is from 8:30-9:30am at 2 Main Street, Topsham. **The event begins at 10:00 am.** 5K participants should gather near the start area at 9:30 a.m. **No awards ceremony is scheduled** owing following Covid 19 protocols to keep all participants safe. Award baskets will be give out as runners finish. Placement certificates will be mailed to winners. **Parking will be available** early on the west side of Main Street in Topsham's Lower Village, at Fort Andross, or any of the public parking areas in Brunswick and Topsham. FMI: Event details at www.saveourbridge.org or by calling 207-837-0558.

Please sign the following waiver:

I understand that running a road race is potentially a hazardous activity. I further understand that I should not enter a road race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather including high heat or humidity, traffic conditions of the road—all such risks being understood and appreciated by me. I have read the waiver and understand these conditions, and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Save Our Swinging Bridge.Org, Towns of Topsham and Brunswick, Fore River Management, Priority Real Estate Group LLC and all sponsors, sponsor representatives and successors from any claims or liabilities or causes of action of any kind arising out of my participation in this event. I authorize and release to Save Our Swinging Bridge.Org the use of my image in any photograph or video recording for any purpose of Save Our Swinging Bridge.Org.

Signed: _____ Date: __/__/____

Printed Name: _____

Signature of Guardian (if under 18): _____

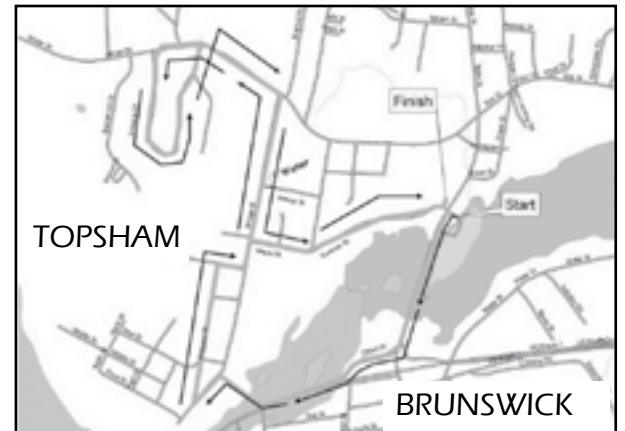


Register at: Topsham or Brunswick Parks & Recreation
 Register online at <https://bit.ly/3KfyjxX> or
<https://www.saveourbridge.org/>

Pmt Rec'd Check Cash

Amt: _____

COURSE MAP



The Save Our Swinging Bridge 5K is a challenging USATF certified & sanctioned 5K (3.1 mile) course, starting in Topsham's lower village crossing the river into Brunswick, traveling south on Mill Street to recross the river on the historic swinging bridge, then up one hill and down the other, returning to Topsham's lower village.

For more information or questions:

207-837-6188 (msg only)
donate@saveourbridge.org